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ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ ΚΑΙ ΘΡΗΣΚΕΥΜΑΤΩΝ

ΚΕΝΤΡΙΚΗ ΕΠΙΤΡΟΠΗ ΕΞΕΤΑΣΕΩΝ ΕΙΔΙΚΩΝ ΜΑΘΗΜΑΤΩΝ

ΕΛΛΗΝΩΝ ΕΞΩΤΕΡΙΚΟΥ

ΚΑΙ

ΥΠΟΨΗΦΙΩΝ ΕΠΑΝΑΛΗΠΤΙΚΩΝ ΕΞΕΤΑΣΕΩΝ ΓΕΛ-ΕΠΑΛ

ΕΞΕΤΑΣΗ ΣΤΗΝ ΑΓΓΛΙΚΗ ΓΛΩΣΣΑ

11 Σεπτεμβρίου 2021

ΟΔΗΓΙΕΣ ΓΙΑ ΤΟΥΣ ΥΠΟΨΗΦΙΟΥΣ ΚΑΙ ΤΙΣ ΥΠΟΨΗΦΙΕΣ

1. Να απαντήσετε σε όλα τα ερωτήματα στο τετράδιό σας ακολουθώντας την αρίθμηση των θεμάτων ως εξής:
 - A1. 1. ...
2. ...
 - A2. Να γράψετε μόνο τον αριθμό του ερωτήματος και το γράμμα που αντιστοιχεί στη σωστή απάντηση, π.χ.
4. – A
5. ...
 - B1. Να γράψετε μόνο τον αριθμό του ερωτήματος και τη ζητούμενη λέξη.
10. ...
11. ...
 - B2. Να γράψετε μόνο τον αριθμό του ερωτήματος και τις ζητούμενες λέξεις.
15. ...
16. ...
 - B3. Να αντιστοιχίσετε τον αριθμό με το σωστό γράμμα και να γράψετε μόνο την αντιστοιχία, π.χ.
20. – A
21. ...
 - Γ. Να αναπτύξετε το ζητούμενο θέμα στο τετράδιό σας χωρίς να αντιγράψετε την οδηγία-εκφώνηση.
2. Να χρησιμοποιήσετε μόνο μπλε ή μαύρο στυλό διαρκείας και μόνο ανεξίτηλης μελάνης.
Καλή Επιτυχία

Διάρκεια εξέτασης: Τρεις (3) ώρες

Έναρξη χρόνου εξέτασης: Αμέσως μετά τη διανομή των θεμάτων

Δυνατότητα αποχώρησης: 17:00

A. Read the text below and respond to tasks A1 and A2.

In today's society, many of us go through our whole lives without ever working with our hands; we live, we work, we eat, we buy, we repeat. Everything is made and delivered quickly, from fast food to fast fashion and, although this may keep the economy going, it's not necessarily good for our mental health, or for our planet.

In recent years there has been a wealth of online craft workshops on everything from collage to flower-arranging. On TV, programmes are encouraging everyone to paint, draw or sculpt their view from a window with whatever materials they have at hand. In the safety of our own homes, we have been able to try knitting for the first time or to have a go at oil pastels -without a teacher but also without the judgment of a teacher. The possibility of experimentation in the solitary environment of our own homes has created higher confidence in our abilities, a prerequisite for learning.

Repairing an item of clothing can enhance the experience of wearing it and leaves the repairer with a renewed sense of closeness and ownership, but it's more than that. When we repair something by hand, our motor skills are carefully developed and our head is fully engaged, leaving a sense of calm and balance. A recent study at Harvard Medical School discovered that repetitive hand-based actions, such as stitching, weaving and knitting, create a measurable state of relaxation, slowing down the heart rate and lowering blood pressure.

Before mass production and readymade products, we had no choice but to repair and maintain the things we owned. Now, when things break, we often don't know how to repair or even recycle them, but more than that, we don't see the need to repair them -and why should we, when everything is so cheaply made and so easily replaced?

The art of repair can be treated as a philosophy, but also as a helpful skill. Mending things ourselves can instil confidence in our own capabilities, which in turn increases our connection to the things we own and the sentimental value we hold for them. After all, certain items are both priceless and irreplaceable, no matter how broken or damaged they are.

*Adapted from
<https://www.theguardian.com>*

A. ΚΑΤΑΝΟΗΣΗ ΓΡΑΠΤΟΥ ΛΟΓΟΥ

(30 points)

A1. Answer questions 1-3, based on information from the text (max. 30 words each).

(3 x 4 points = 12 points)

1. What would be a suitable title for the text? **Mend to Relax and Help our Planet. or similar**
2. What is the purpose of this text? **To inform readers about the benefits of repairing and mending for one's mental state, as well as the environment. or similar**
3. According to the text, how can repairing things on our own help us feel better? Justify your answer. **In this way, the writer claims, our brain focuses on carefully coordinating our movements, so we steam off. Moreover, our heart rate and blood pressure are reduced, according to research. or similar**

A2. Choose the correct answer (A, B or C) for items 4-9, based on information from the text.

(6 x 3 points = 18 points)

4. Who would be most interested in reading this text?
A. Professional restorers. **B.** TV producers. **C. The general public.**
5. According to the text when people try out new crafts they
A. need teacher guidance. **B. feel more self-confident.** **C.** cannot easily follow instructions.
6. Repairing something on their own can make people feel
A. more relaxed. **B.** more energetic. **C.** quite nostalgic.
7. In the past, people used to
A. throw away damaged things. **B. fix damaged things.** **C.** have only homemade things.
8. People nowadays prefer to
A. repair things on their own. **B. replace damaged things.** **C.** recycle damaged things.
9. According to the text, certain items
A. can never be repaired. **B.** are too expensive to buy. **C. can never be replaced.**

B. ΓΛΩΣΣΙΚΗ ΕΠΙΓΝΩΣΗ

(30 points)

B1. Use the correct form of the following words (A-H), to complete the gaps (10-14) in the following text, as in the example. There are TWO words you do not need.

(5 x 2 points = 10 points)

A.	associate	B.	satisfy	C.	compete	D.	<i>move</i> (example)
E.	access	F.	popular	G.	specify	H.	please

The example is in **bold** and *italics*.

The Evolution of Graffiti

The term “graffiti” often refers to artwork on inner city walls and train lines, a ***movement (ex.)*** that first appeared in the late 60s. One of the earliest forms of graffiti was “tagging” or the use of elaborate typography to encode the painter’s name on the sides of buildings or subway cars. Artists got extra points for tagging not easily **(10) accessible** locations, often at great heights, and taggers struggled to make their mark better than their **(11) competitors**. Street art was often viewed negatively by politicians because of its **(12) association** with the gang culture, but this artwork served as a way for disadvantaged groups to express their disappointment and **(13) dissatisfaction** with society. From its humble beginnings, graffiti has gained **(14) popularity** and has evolved into an internationally recognized art that collectors will continue to fight for at the highest level.

B2. Fill in the gaps with two words in the statements of column B, so that they are similar in meaning to the statements (15-19) of column A, as in the example.

(5 x 2 points = 10 points)

Example: You can use my computer, but you must be really careful with it.		You can use my computer <u>as long</u> as you are really careful with it.
COLUMN A		COLUMN B
15.	She wanted to do some research on the different education systems around the world.	She wanted to <u>carry out</u> some research on the different education systems around the world.
16.	We will examine your complaint and provide a reply as soon as possible.	We will <u>look into</u> your complaint and provide a reply as soon as possible.
17.	I am sure Barbara will never tell me the reason behind her decision to move abroad a year ago.	I am sure Barbara will never tell me <u>why</u> she <u>decided</u> to move abroad a year ago.
18.	Tickets for the festival are available for purchase at the Athens Epidaurus Festival box office.	Tickets for the festival are <u>on sale</u> at the Athens Epidaurus Festival box office.
19.	Of course you can invite as many people as you like to your birthday party!	There is <u>no limit</u> to the number of people you can invite to your birthday party!

- B3. Choose the best option A-F (Column B-headings) for items 20-24 (Column A-paragraphs). There is ONE option you do not need.**

(5 x 2 points = 10 points)

Clear Signs You're a Perfectionist

COLUMN A		COLUMN B	
20. E	Perfectionists can have a serious dark side, according to a study published in the Journal of Psychopathology and Behavioral Assessment. Their high standards and critical nature can make them prone to being narcissistic, antisocial, and having an aggressive sense of humor that other people cannot easily accept, the researchers say.	A.	You don't sleep well
21. C	Perfectionism is one of the primary traits linked to chronically feeling sad and anxious, according to research published in the Review of General Psychology. Even more alarming, the scientists found that having perfectionist tendencies significantly raised a person's risk of suicide.	B.	You're self-conscious about your appearance
22. D	Not even the most perfect perfectionist can maintain tight control over every aspect of their lives at all times. Eventually they crack under the pressure. One of the more common ways they cope is through eating compulsively and unhealthily, according to research published in the Journal of Personality and Social Psychology.	C.	You're depressed
23. F	It makes sense that perfectionists would be more stressed out than more easy-going people -we live in an uncontrollably imperfect world, after all. But it turns out that not only are perfectionists more likely to be stressed, they're also less likely (or less able) to take advantage of proven stress-reduction techniques.	D.	You binge on junk food
24. B	Perfectionists often spend more time than others choosing outfits, shopping, getting dressed, putting on makeup and looking in the mirror. But it's not just your time that suffers-this focus on looks can make perfectionists more vulnerable to eating disorders like anorexia and bulimia in an attempt to control every aspect of their bodies.	E.	People may avoid you
		F.	Meditation doesn't work for you

Γ. ΠΑΡΑΓΩΓΗ ΓΡΑΠΤΟΥ ΛΟΓΟΥ

(40 points)

TASK: Extreme sports are becoming more and more popular with people of all ages these days. A European magazine is asking its readers to express their views on the following topic “ALTERNATIVE SPORTS: GOING EXTREME”. Write an article (180-200 words) to submit to the magazine in which you:

- a) explain why people enjoy doing extreme sports
- and
- b) present **three** problems people might face when participating in extreme sports.

Do not mention your name anywhere in the text.



Sample answer

Alternative Sports: Going Extreme

Extreme sports are becoming more and more popular as people try to surpass their personal limits. However, why are people involved in such activities, and what issues can emerge?

Firstly, several individuals wish to do something extreme in order to be active since the modern lifestyle of white-collar employees does not leave much room for active tasks. So, when weekend comes, why not go bungee jumping or sky diving? In this way, one can escape from routine and do something energising. Another decisive factor is that extreme sports boost one's self-confidence. They are challenging, so successfully doing them can make participants feel proud of themselves.

However, it is true that there are some issues to consider before taking up an extreme sport. To begin with, some sports require more than average physical skills otherwise they can be dangerous. Additionally, people with heart disease and other conditions should avoid pushing themselves further than needed. Another problem is that unless safety regulations are followed to the letter by both the organiser and the participant, extreme sports can lead to fatalities.

To conclude, extreme sports are an escape from routine, though not all of them are suitable for everyone. Instead, we should use our common sense and opt for activities we can manage.



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